

**99 WRITING**

# **10 Tips on How to Defend Someone Who is Being Bullied**

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**TYPE**  
SOCIAL-EMOTIONAL  
LEARNING

1. Tell the Teacher
2. Defend the person who is being bullied
3. Stop the Bully
4. Say, “You better stop!” or “I will tell the teacher!”
5. Pretend to be mean, but you’re not really mean to them
6. Teach the bully a lesson that doesn’t involve violence or put downs
7. Ask yourself, what would a friend do?
8. Make sure to not tempt the bully
9. Be a helper not a bystander
10. Step in and distract the bully by telling a silly joke