



# Place Memoir Brainstorm

## Part 2: Where's Your Happy Place?

Answer as many of the following prompts as you can. If you can't think of a place in response to one of the prompts, you can skip it.

1. A place where I have felt joyful is...
2. A place where I have felt afraid or nervous is...
3. A place where I have felt safe is...
4. A place where I have felt brave is...
5. A place where I have felt older OR younger than my age is...
6. A place where I have felt embarrassed is...
7. A place where I have felt excited is...
8. A place where I have felt like an outsider is...

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## Part 3: Deep Dive Description

Choose one of the places you wrote about in the first exercise that has a strong memory associated with it. Answer the following questions:

1. What and where is this place?

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2. What memory do you have associated with it?

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3. Describe this place without mentioning the actual memory in a paragraph. What details do you remember about it? Pay attention to the five senses (sight, taste, sound, smell, touch) as you describe this place. What does it look like? What does it smell or sound like?

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