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# Changing the Lunch Menu for the Better!

by Kaitlyn, 826NYC

**TYPE**  
**PERSUASIVE**

Not everyone at P.S./M.S. 7 agrees with the lunch menu. It can be changed and still be healthy. The quality of the food could be better, like the tomatoes are soggy and the apples are squishy. The taste could also be better. The hamburgers, mashed potatoes and pasta are bland.

Based on my research, I learned that a lot of people want to make the salad bar better with more variety, like offering grilled chicken salad. Marissa Finn, a teacher with Edible School Yard NYC, thinks we should have more darker greens like kale and collards, which she says are some great leafy choices for a salad bar.

Giselle Sostre, a member of the lunch staff at P.S./M.S. 7, thinks we should have more food that the kids enjoy, like chicken tenders and beef patties. Our lunch menu currently is burgers on a wheat bun, seasoned wedges, vegetable dumplings, tomatoes, salad with cucumbers, pickles, honey mustard dressing, pita bread and cheese, wheat pasta, seasoned blackened chicken, rice, plantains, white

milk, and peanut butter and jelly sandwiches. While all of these choices sound fine, the flavor and quality do not measure up to what it should be.

The peanut butter and jellies don't really taste great. There is not enough jelly on it and too much peanut butter. Also, some kids think we should have chocolate milk so that we can be excited to drink milk. Lizbeth Lopez, a student in the 8th grade, believes that chocolate milk should be allowed because it would make her and others happy. She says she feels great when she drinks chocolate milk. An 8th grader, Zachary Sostre, says we should not have grilled cheese with tomatoes because it is a soggy sandwich. He says it would be nice to have mixed vegetables that are seasoned. 8th grader, Leshana Dixon, says we should have a variety of things on the lunch menu so that we can enjoy lunch more. She thinks we should add fried chicken to the menu, and chocolate milk because it is sweet, and right now we have nothing sweet on the lunch menu. 8th grader, Kyree Travis, says we should have grilled chicken salad because it would be something different at the salad bar, and hopefully it wouldn't be "soggy" because the tomatoes are always soggy.