

Session 5: When, Where, and Who Are Poems?

Viva la Vida, Watermelons by Frida Kahlo. This painting can also be found here:

<https://www.fridakahlo.org/viva-la-vida-watermelons.jsp>



Session 5: When, Where, and Who Are Poems?

“Frida Kahlo” from *A Sweet History* (rewritten to be age-appropriate) by Hannah Spiegelman. Spiegelman’s blog showcases ice cream flavors she’s created, inspired by influential historical figures. The full text can be found here: <https://asweethistory.com/post/183892237447/frida-kahlo>

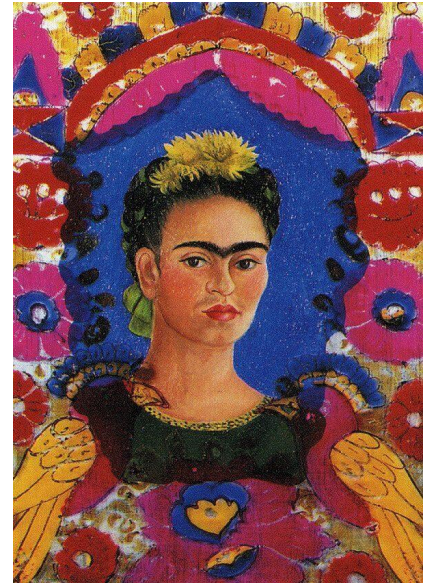
MALTED MILK ICE CREAM WITH COCOA NIBS AND PRICKLY PEAR MAGIC SHELL

Born in Mexico City in 1907, Frida Kahlo grew up with polio, a virus that can cause paralysis, and she dreamed of working in the medical field.

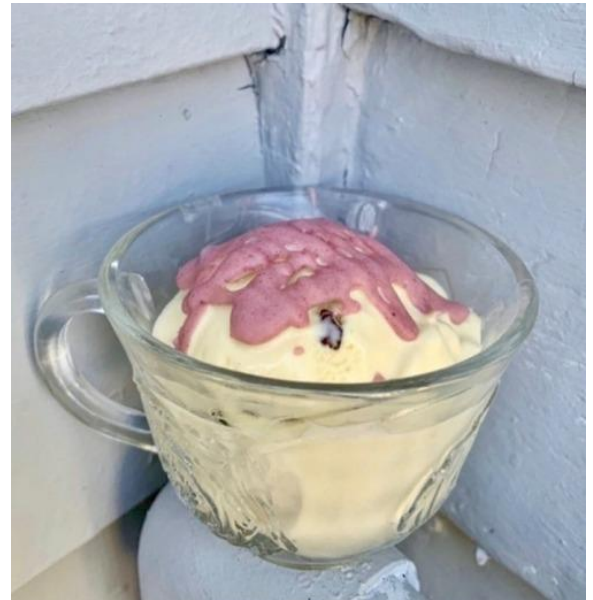
When she was 18, Kahlo survived a serious bus accident, and she began painting while she healed. She originally painted medical pictures as a way to combine her two passions, but eventually painting became Kahlo’s main vehicle for exploring herself and the world. Kahlo drew more and more inspiration from Mexicanidad, a nationalist movement that focused on indigenous Mexican cultures and Mexican folk art.

In 1932, Kahlo and her husband moved to Detroit, Michigan. Kahlo disliked many aspects of living in America; however, a few things she enjoyed were New York, the famous comedic group, The Marx Brothers, and malted milk.

Kahlo is best known for her self-portraits and still lifes that utilize vivid colors and symbolism.



Source: <https://www.fridakahlo.org/self-portrait-the-frame.jsp>



Source: <https://asweethistory.com/post/183892237447/frida-kahlo>

Session 5: When, Where, and Who Are Poems?

Use the planner below to help you brainstorm ideas for your poem.

Who or what will you write your poem about? It can be a person, a school subject, a video game—anything you know really well!

What are some words you would use to describe this subject?

If you chose a person, what is important to the subject of your poem? What does it care about?

How does this subject make you feel?

Next, invent a new ice cream treat to represent your subject. Don't forget the toppings!

If _____ were an ice cream flavor,
they would be _____
because _____.

If _____ were an ice cream sauce
they would be _____
because _____.

If _____ were an ice cream
topping, they would be _____
because _____.

Now, draw a picture of the ice cream treat you would create to represent the subject of your poem. Label the important parts!

