Let’s Brainstorm!

Name: ___________________________________________________

What are 5 ways people can show kindness?

1. 
2. 
3. 
4. 
5. 

What are 3 acts of kindness you’ve seen or participated in during your life?

1. 
2. 
3. 

Now, think about the acts of kindness you wrote about in the second box. Which one do you think you could write the most about? Circle that one and answer the question about it below!

Who was there?

What happened?

How did it make you feel?