

Object Brainstorming

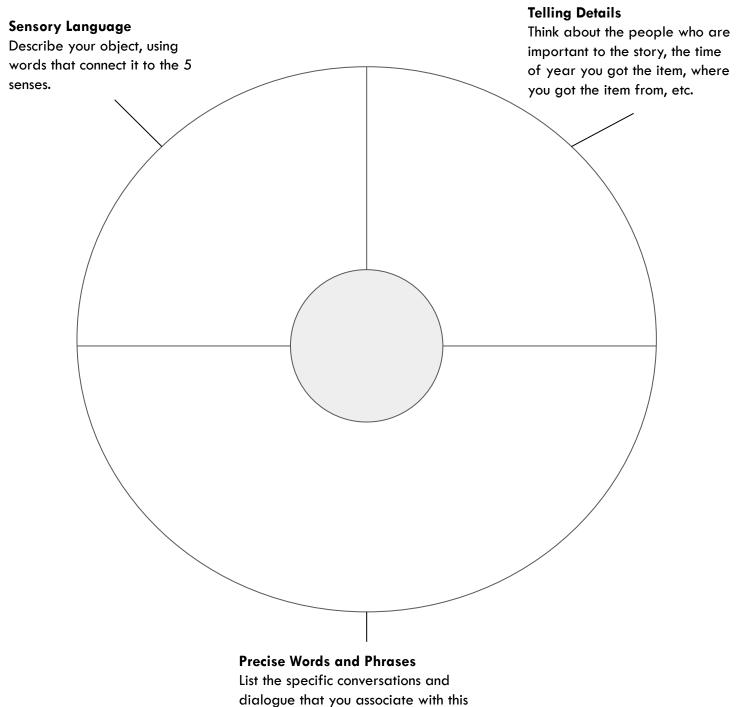
Answer the questions below to curate a list of your favorite objects and their stories. If you don't own an object that answers the question, feel free to skip it.

- 1. Think of an object you own that is sentimental. Why is it sentimental to you?
- 2. Think of an object you own that you worked hard to earn or buy. What did you have to do to acquire this object?
- 3. Think of an object you own that was gifted to you. Who gave it to you and how long ago?
- 4. Think of an object you own that you've had a long time. How long have you had this object?
- 5. Think of an object you own multiples of (a collection). What made you start collecting this thing in the first place?
- 6. Think of an object that used to be really important to you. Why is it less important to you now?



Developing Details

Choose one of the items you brainstormed on page 1—try to choose an item that holds a strong memory for you. Write the object in the middle circle; then, write down the telling details, sensory language, and precise words and phrases in the spaces around it.



object.



Your Narrative

Finally, write the story behind your object. Incorporate the sensory language, telling details, and precise words and phrases from page 2. You can jump right into your story or use one of the prompts. Continue in your writing journal if you need more space.